



**PRODUCT CATALOG**

**ANZ VERSION**



DO LIFE *Differently*®

In 1998, Founders David and Bianca Lisonbee embarked on a journey to bring phenomenal 4Life Transfer Factor® products to the world. Unlike common supplements you find in health food stores, transfer factors aren't vitamins, minerals, or herbs. Instead, they're messenger molecules transferring memory and knowledge from one entity to another.\*

The introduction of 4Life Transfer Factor opened the door for further research, patented techniques, and a new category of immune products that support health in a different way. Our in-house Quality department, which is comprised of scientists and medical professionals, continually raises the standard for modern-day immune health supplementation and ensures the cutting-edge quality of our products.

Because of our deep commitment to quality, excellence, and scientific innovation, we certify every 4Life Transfer Factor product we sell. In our state-of-the-art, million-dollar testing lab, we conduct at least 20 tests per product to ensure identity, purity, strength, and composition. Many products undergo additional, rigorous quality-assurance tests before we release them for distribution.

Our products are the foundation and heart of our business. We strive to create products that meet and exceed the highest standards, so you can feel confident incorporating them into your health routine and sharing them with your friends and loved ones.





Transfer factors are messenger molecules that transfer immune health information from one organism to another.\*

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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# 6 Steps For Your Wellness Journey

## 1

### EAT RIGHT AND TAKE SUPPLEMENTS

The foundation to wellness is a healthy diet and quality supplements. Get plenty of protein, fruits, and vegetables to enjoy healthy energy levels.

#### **Possible 4Life solutions:**

Take 4Life Transfer Factor core products to boost your immune health! Plus, begin your day with RiteStart and NutraStart for a vitamin and mineral boost.\*

## 2

### LOVE YOUR GUTS

Gut health impacts many different areas of health, including your immune health, weight, cognition, and mood. Love your guts by consuming a plant-based diet, drinking plenty of water, and limiting your dairy intake.

#### **Possible 4Life solutions:**

Pre/o Biotics optimizes healthy gut bacteria with five strains of probiotics, three types of prebiotics, and the power of 4Life Transfer Factor.

# 4Life Balance *Mind, Body, and Soul*

## 3

### GET MOVING

Exercise can impact your physical and emotional health in big ways. Exercise to build muscle, elevate your heart rate, and keep your body strong.

#### **Possible 4Life solutions:**

Take Renuvo for recovery, and Energy Go Stix provides a great burst of energy.\*

## 4

### TAKE CARE OF YOU

Before you can care for anyone else, you have to take care of yourself! Take time to step away from the daily stressors of life so you can better handle everything thrown your way.

#### **Possible 4Life solutions:**

Try 4Life Transfer Factor Immune Boost when you need an immune health power-up.

## 5

### GET PLENTY OF SLEEP

When you feel rested and relaxed, all your body systems are more balanced. When you budget enough time for sleep and use strategies to eliminate stress, your body and mind will benefit.

## 6

### MAINTAIN STRONG RELATIONSHIPS

Having strong relationships with the ones you love ensures that you have a good support system in place.





*Balance* is the  
ultimate goal.

# 4Life Transfer Factor core products

## Science Innovation\*

When you feel healthy, you can live your best possible life. You need a smart, vigilant, and quick immune function to help you fight back against the threats you face each day. That's why millions of people around the world choose to take 4Life Transfer Factor products.\*

Our R&D team is always researching 4Life Transfer Factor so we can learn more about this mighty molecule and help you Raise Your Immune I.Q.®\*



# Which 4Life Transfer Factor product is right for me?



Our immune health is a complex network of cells with different functions. Discover the unique benefits and qualities of our core 4Life Transfer Factor products and how they support the body's cellular defenses.\*

\*P. Vieira-Brock, A. Anderson, B. Vaughan, and D. Vollmer. 2019. Method development for the analysis of PBMC-mediated killing of K562 cells by bovine colostrum and various fractions. Immunology 2019.

†Veticka V, Vetickova J (2019) J Nutr Health Sci 6(3): 301 †Veticka V, Fernandez-Botran R (2020) Int Clin Pathol J. 8(1):1

## 4Life Transfer Factor Classic

Item #30024080 | Page 16

**Immune health cell coverage:** 1 type

 NK Cells

Our Classic formula provides foundational immune health support from UltraFactor and is a great introductory product.\*

**Core ingredients:** UltraFactor from cow colostrum.

**Patent protected:** Yes.

**Serving size:** Three capsules.



## 4Life Transfer Factor Tri-Factor Formula

Item #30024070 | Page 15

**Immune health cell coverage:** 3 types

 NK Cells  T Cells  B Cells

Tri-Factor Formula combines Classic with OvoFactor for more broad-based immune health support. NanoFactor mini molecules also assist in immune health response coordination.\*

**Core ingredients:** UltraFactor and NanoFactor from cow colostrum, and OvoFactor from chicken egg yolks.

**Patent protected:** Yes.

**Serving size:** Two capsules.



## 4Life Transfer Factor Plus Tri-Factor Formula

Item #30024075 | Page 14

**Immune health cell coverage:** 4 types

 NK Cells  T Cells  B Cells  Macrophages

Transfer Factor Plus is our premier, cutting-edge immune health support product. It has all the benefits of Tri-Factor Formula, the added support of a super-mushroom blend, and zinc.\*

**Core ingredients:** UltraFactor and NanoFactor from cow colostrum, and OvoFactor from chicken egg yolks.

**Added ingredients:** Zinz and a super-mushroom blend.

**Patent protected:** Yes.

**Serving size:** Two capsules.



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# Our Highest Level of Immune Health Support\*



## 4Life® Transfer Factor Plus® Tri-Factor® Formula

PRIMARY SUPPORT: Immune Health, Overall Wellness\*

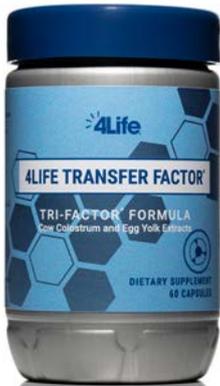
Certified 4Life Transfer Factor and additional ingredients to blast off immune function response\*

- Supports the immune function's natural ability to recognise, respond to, and remember potential health threats\*
- Includes a super-mushroom blend: A proprietary blend of ingredients such as maitake mushrooms, shiitake mushrooms, cordyceps, and baker's yeast
- Includes zinc for immune health support\*
- Includes UltraFactor®, OvoFactor®, and NanoFactor®—4Life Transfer Factor® Tri-Factor® Formula

90 Capsules | LP

Item #30024075 | 50

# Boost or Balance; Whatever Your **Immune Health** Needs\*



## 4Life® Transfer Factor Tri-Factor® Formula

PRIMARY SUPPORT: Immune Health,  
Overall Wellness\*

Product to amp up immune system response\*

- Supports the immune function's natural ability to recognise, respond to, and remember potential health threats\*
- Contains 600 mg of 4Life Transfer Factor, which is clinically proven to act on the immune health within two hours\*<sup>1</sup>

60 Capsules | LP

Item #30024070 | 35



## 4Life® Transfer Factor Chewable Tri-Factor® Formula

PRIMARY SUPPORT: Immune Health,  
Overall Wellness\*

A great-tasting, chewable citrus cream  
tablet to amp up immune function  
response\*

- Supports the immune function's natural ability to recognise, respond to, and remember potential health threats\*
- Has a great citrus cream flavour
- Contains 600 mg of 4Life Transfer Factor, which is clinically proven to act on the immune health within two hours\*

90 Chewable Tablets | LP

Item #30024042 | 35

1. Clinical study on the rapid immune modulating effects of 600 mg of 4Life Transfer Factor Blend compared to placebo. G. Jensen, NIS Labs Report 058-006.

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# The Foundation of 4Life Immune Health Support\*



## 4Life Transfer Factor® Classic

PRIMARY SUPPORT: Immune Health, Overall Wellness\*

Product to ramp up your immune function at its foundational level\*

- Supports the immune function's natural ability to recognise, respond to, and remember potential health threats\*

90 Capsules | LP

Item #30024080 | 34



## 4Life® Transfer Factor® Immune Spray

PRIMARY SUPPORT: Immune Health\*

Mouth and throat spray that combines UltraFactor and NanoFactor with colloidal silver, zinc, and more\*

- Supports the immune function's natural ability to recognise, respond to, and remember potential health threats\*
- Includes aloe vera and marshmallow
- Is available in fresh mint flavour

| LP

Item #30024046 | 23



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4Life Transfer Factor  
is clinically proven to  
activate within  
**two hours.\*1**





## 4Life® Transfer Factor® Immune Boost

PRIMARY SUPPORT: Immune Health\*  
SECONDARY SUPPORT: Antioxidant\*

A refreshing powder pack for whenever your body needs high-potency immune support\*

- Supports a healthy immune response\*
- Contains more vitamin C than 10 oranges per serving
- Replenishes important electrolytes vital to wellness\*
- Provides potent antioxidant support\*
- Contains 4Life Transfer Factor, which is clinically proven to activate our immune health within 2 hours\*<sup>1</sup>

5 Powder Packsets	LP
Item #30028136	15



1. Clinical study on the rapid immune modulating effects of 600 mg of 4Life Transfer Factor Blend compared to placebo. G. Jensen, NIS Labs Report 058-006.

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# Targeted Transfer Factor® **Focused Support For Your Body's Needs\***

Targeted Transfer Factor products combine the immune health benefits of 4Life Transfer Factor with system-specific nutrients to provide a focused and personal level of health support.\*





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### 4Life Transfer Factor® Collagen

**PRIMARY SUPPORT:** Healthy Aging, Skin Health & Beauty, Muscle & Joint Support\*  
**SECONDARY SUPPORT:** Immune Health, Antioxidant\*

Formula that features five types of collagen; 4Life Transfer Factor Tri-Factor Formula; vitamins A, C, and E; biotin; and our Age-Defying Plant Complex\*

- Provides total-body, healthy aging support with a refreshing strawberry-mango flavour\*
- Helps replenish collagen levels to support healthy joints, muscles, and skin\*
- Supports immune health function with 4Life Transfer Factor\*
- Improves skin moisture and elasticity\*

15 Powder Packets | LP

Item #30025404 | 25



### 4Life Transfer Factor® Cardio

PRIMARY SUPPORT: Heart Health\*  
SECONDARY SUPPORT: Immune Health,  
Antioxidant\*

A heart-healthy combo of 4Life Transfer Factor and over 18 vitamins, minerals, and antioxidants\*

- Features certified 4Life Transfer Factor to help educate immune health cells\*
- Provides support for a healthy heart and proper cardiovascular function\*
- Supports healthy cholesterol levels already in the normal range\*
- Contains a proprietary blend of coenzyme Q10, resveratrol, garlic, red rice yeast extract, and ginger\*

120 Capsules | LP

Item #30021002 | 46



### 4Life Transfer Factor® ReCall®

PRIMARY SUPPORT: Brain Health\*  
SECONDARY SUPPORT: Immune Health,  
Healthy Aging\*

Targeted brain support for optimal mental functioning\*

- Features certified 4Life Transfer Factor to help educate immune health cells\*
- Promotes healthy brain function with blood circulation support\*
- Contains ingredients to support memory and brain health, like Huperzia serrata, Bacopa monnieri, and Ginkgo biloba\*

90 Capsules | LP

Item #30022003 | 40

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### 4Life® Transfer Factor® Lung

PRIMARY SUPPORT: Respiratory System\*  
SECONDARY SUPPORT: Immune Health\*

Targeted support for the lungs and overall respiratory function\*

- Promotes proper respiratory function\*
- Supports healthy lung tissue\*
- Help's the body detox from air pollution damage\*
- Supports your aiway's natural defenses against pollution-based damage\*
- Educates, enhances, and balances immune health with our exclusive 4Life Transfer Factor Tri-Factor Formula\*

90 Capsules

| LP

Item #30021501

| 31



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#### 4Life Transfer Factor® Glucoach®

**PRIMARY SUPPORT:** Glucose Metabolism\*  
**SECONDARY SUPPORT:** Immune Health, Antioxidant\*

Targeted support for the endocrine and metabolic systems\*

- Includes certified 4Life Transfer Factor to educate immune health cells\*
- Includes minerals, herbs, and phytonutrients to support healthy glucose levels and promote pancreatic health\*

120 Capsules | LP

Item #30029001 | 46



#### 4Life® NanoFactor® Glutamine Prime®

**PRIMARY SUPPORT:** Immune Health, Overall Wellness\*  
**SECONDARY SUPPORT:** Energy, Antioxidant, Digestive Health\*

Energy source that helps fuel immune health cell activity and provides the building blocks of glutathione, and important antioxidant\*

- Supplies fuel to immune health cells with the important amino acid, glutamine\*
- Features NanoFactor to educate immune health cells\*
- Provides synergistic immune health support when taken with any other 4Life Transfer Factor product\*

120 Capsules | LP

Item #30024087 | 25



**4Life® NanoFactor®  
BelleVie®**

**PRIMARY SUPPORT:** Female Health\*  
**SECONDARY SUPPORT:** Immune Health,  
Antioxidant\*

Targeted support for female reproductive and breast health\*

- Features certified 4Life Transfer Factor to educate immune health cells\*
- Includes a blend of herbal antioxidants, phytoestrogens, indoles, and calcium d-glucarate to support female endocrine health\*
- Promotes overall feminine reproductive health\*

60 Capsules | LP

Item #30022535 | 40



**4Life® NanoFactor®  
MalePro®**

**PRIMARY SUPPORT:** Male Health\*  
**SECONDARY SUPPORT:** Immune Health,  
Antioxidant\*

Targeted support for optimal prostate health\*

- Features certified 4Life Transfer Factor to educate immune health cells\*
- Includes saw palmetto, lycopene, isoflavones, broccoli extract, and antioxidants to support prostate health\*

90 Capsules | LP

Item #30022562 | 38

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# RioVida<sup>®</sup> Energizing Antioxidants\*

RioVida products feature a rush of mouth-watering ingredients, including antioxidant-rich superfruits and the power of 4Life Transfer Factor. These products are delicious, refreshing, energizing, and potent. Ride the river of life with RioVida!\*





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**4Life Transfer Factor®  
RioVida® Tri-Factor® Formula**

**PRIMARY SUPPORT:** Immune Health, Healthy Aging, Antioxidant, Overall Wellness\*

**SECONDARY SUPPORT:** Brain Health, Heart Health, Energy\*

The one-and-only liquid dietary supplement that combines 4Life Transfer Factor with antioxidant-rich superfruits\*

- Supports the immune function's natural ability to recognise, respond to, and remember potential health threats with 600 mg of 4Life Transfer Factor per 1 fl oz serving\*
- Includes a proprietary combination of antioxidant-rich natural fruit juices, including açai, pomegranate, blueberry, and elderberry\*
- Contains 60 mg of vitamin C per 1 fl oz
- Contains 4Life Transfer Factor, which is clinically proven to act within two hours\*<sup>1</sup>



1 500 ml bottle	LP
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Item #30024014	25
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2 500 ml bottles	LP
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Item #30024105	50
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**4Life Transfer Factor®  
RioVida Stix® Tri-Factor® Formula**

**PRIMARY SUPPORT:** Immune Health, Healthy Aging, Antioxidant, Overall Wellness\*

**SECONDARY SUPPORT:** Brain Health, Heart Health, Energy\*

The immune health's goodness of RioVida in a portable powder pack\*

- Supports immune health with 600 mg of 4Life Transfer Factor per serving\*
- Delivers essential antioxidants from açai, pomegranate, and blueberry\*
- Is portable and easy to share
- Contains no artificial sweeteners, flavours, or preservatives
- Contains 4Life Transfer Factor, which is clinically proven to act within two hours\*<sup>1</sup>

15 Powder Packets	LP
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Item #30024113	18
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## 4Life Transfer Factor® RioVida Burst® Tri-Factor® Formula

**PRIMARY SUPPORT:** Immune Health, Healthy Aging, Antioxidant, Overall Wellness\*

**SECONDARY SUPPORT:** Brain Health, Heart Health, Energy\*

The immune health's goodness of RioVida, conveniently packaged in a delicious edible gel blend\*

- Contains certified 4Life Transfer Factor and a proprietary blend of antioxidant-rich natural fruits, including açai, pomegranate, blueberry, and elderberry\*
- Is portable and easy to share
- Includes UltraFactor, OvoFactor, and Nano-Factor – 4Life Transfer Factor Tri-Factor Formula
- Is for ages four and up



15 Gel Packets

| LP

Item #30024110

| 25

1. Clinical study on the rapid immune modulating effects of 600 mg of 4Life Transfer Factor Blend compared to placebo. G. Jensen, NIS Labs Report 058-006.

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# RiteStart® Beyond Everyday Nutrition\*

RiteStart products contain essential vitamin and mineral building blocks for good nutrition and 4Life Transfer Factor. Named for the exact purpose they provide – a right start for your day, for your health, and for your life – RiteStart products help you look and feel great.\*





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2- Vitamin and Mineral Blend tablets



2- Female Support Blend tablets



1- 4Life Transfer Factor Plus Tri-Factor Formula capsule



1- Essential Fatty Acid Complex gel capsule



## RiteStart® Women

**PRIMARY SUPPORT:** Immune Health, Healthy Aging, Antioxidant, Heart Health, Female Health, Multivitamin & Mineral, Muscle & Bone Health, Overall Wellness\*

**SECONDARY SUPPORT:** Brain Health, Energy, Eye Health, Skin Health & Beauty\*

Twice-daily supplement packets for women  
TAKE RITESTART WOMEN EVERY DAY FOR:

- Immune health support from 4Life Transfer Factor Plus Tri-Factor Formula\*
- Specific female system support\*
- Bone health support\*
- Skin health support\*
- A unique blend of antioxidants\*
- Cardiovascular and circulatory support\*
- Support for healthy hormonal balance\*
- Vision and eye health support\*

30 Packets	LP
Item #30027019	50
2 Pack	LP
Item #30027020	100
1 Women, 1 Men	LP
Item #30026541	100



2- Vitamin and Mineral Blend tablets



2- Male Support Blend tablets



1- 4Life Transfer Factor Plus Tri-Factor Formula capsule



1- Essential Fatty Acid Complex gel capsule



### RiteStart® Men

**PRIMARY SUPPORT:** Immune Health, Healthy Aging, Antioxidant, Heart Health, Male Health, Multivitamin & Mineral, Muscle & Bone Health, Overall Wellness\*  
**SECONDARY SUPPORT:** Brain Health, Energy, Eye Health, Skin Health\*

Twice-daily supplement packets for Men  
TAKE RITESTART MEN EVERY DAY FOR:

- Immune health support from 4Life Transfer Factor Plus Tri-Factor Formula\*
- Specific male system support\*
- Bone health support\*
- Skin health support\*
- A unique blend of antioxidants\*
- Cardiovascular and circulatory support\*
- Vision and eye health support\*

30 Packets	LP
Item #30026538	50
2 Pack	LP
Item #30026539	100
1 Women, 1 Men	LP
Item #30026541	100

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### NutraStart® Blue Vanilla

**PRIMARY SUPPORT:** General Nutrition, Vitamin & Mineral\*

**SECONDARY SUPPORT:** Weight Management, Immune Health\*

Support weight management and optimized macro and micronutrient nutrition with NutraStart Blue Vanilla\*

- Supports a healthy immune health response\*
- Provides potent antioxidant support\*
- Is a good source of fibre\*
- Supports satiety and may reduce feelings of hunger\*
- Supports healthy teeth and bones\*
- Promotes energy production\*
- Supports cardiovascular health\*
- Supports eye health\*

15 Serving Canister | LP

Item #30028130

| 25

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# Digest4Life<sup>®</sup> Premier Digestive Support\*

Digest4Life is 4Life's premier digestive health line that features exclusive and effective products powered by 4Life Transfer Factor.\*

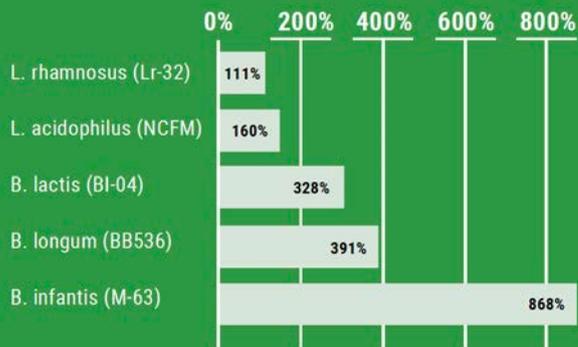




Evolve your immune  
health, and  
evolve your *life*

## 4Life Transfer Factor Acts as a Prebiotic by Boosting the Growth of Probiotics\*

### 4Life Transfer Factor Tri-Factor Formula



An independent, university study assessed the potential benefit of 4Life Transfer Factor Tri-Factor Formula in Pre/o Biotics. This in vitro study measured probiotic growth in the presence or absence of 4Life Transfer Factor Tri-Factor Formula in comparison to common prebiotics. Results revealed that 4Life Transfer Factor Tri-Factor Formula enhances Pre/o Biotics by stimulating probiotic growth. These data suggest that 4Life Transfer Factor Tri-Factor Formula has prebiotic effects and enhances the benefits of the other ingredients in Pre/o Biotics.\*

Hoffman, D., Oberg, C., & Domek, M. (2018). Rapid method for measuring the effect of prebiotics on probiotic bacterial growth. Weber State University, UT. American Dairy Science Association, Knoxville, TN (conference abstract #M123) <https://m.adsa.org/2018/abs/t/74631>



### Pre/O Biotics®

PRIMARY SUPPORT: Digestive Health, Immune Health\*

The only prebiotic/probiotic in the world with 4Life Transfer Factor\*

- Optimizes healthy gut bacteria growth with our exclusive microbeadlet delivery\*
- Increases the amount and longevity of beneficial gut flora by up to 1,000 times over standard delivery\*
- Supports healthy immune health function\*
- Requires no refrigeration

15 Powder Packets | LP

Item #30023020 | 30

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### Tea4Life®

PRIMARY SUPPORT: Cleansing & Detox, Digestive Health\*

Natural cleansing tea for intestinal maintenance and regularity\*

- Features senna leaf and other herbs to support colon health\*
- Provides an herbal alternative for healthy digestive cleansing\*
- Boosts a tasty apple-cinnamon flavour with no artificial colours or sweeteners

30 Tea Bags | LP

Item #30013004 | 12



### Digestive Enzymes

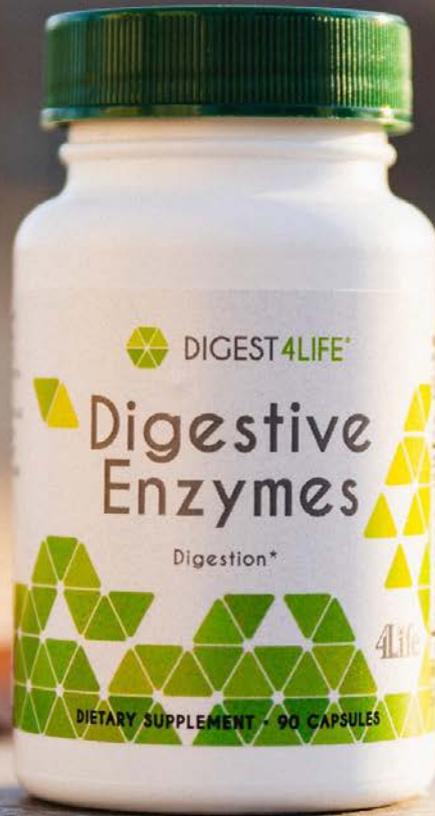
PRIMARY SUPPORT: Cleansing & Detox, Digestive Health\*

Complete digestive enzyme solution for all your digestive health needs\*

- Supports healthy digestion of food\*
- Reduces intestinal discomfort associated with food consumption\*
- Supports overall digestive health\*

90 Capsules | LP

Item #30023017 | 20



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# 4LifeTransform<sup>®</sup> Live a Vibrant Life\*

4LifeTransform products support you on every step of your body transformation journey, whether your goal is to build muscle, manage your weight, or increase vitality.\*



## Renuvo®

**PRIMARY SUPPORT:** Immune Health, Healthy Aging, Antioxidant, Overall Wellness\*

A patented adaptogen that targets healthy aging by supporting a more youthful and healthy response to environmental threats\*

- Promotes total body recovery\*
- Helps counteract the telltale signs of aging\*
- Supports healthy mental acuity, mood, and metabolism\*
- Promotes healthy sexual vitality and energy\*

120 Capsules | LP

Item #30024201 | 40



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# Energy Is What You Give To Life\*

What would you do with more energy? It's time to find out with Energy Go Stix! These on-the-go packets are infused with 4Life Transfer Factor and a blend of energy-boosting ingredients.\*

## Berry Energy Go Stix®

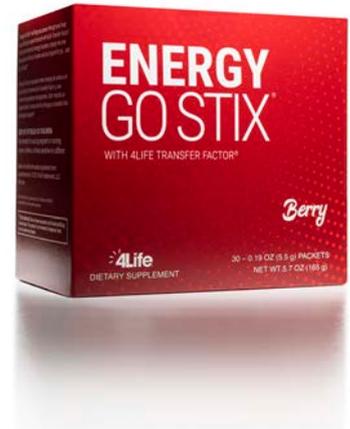
PRIMARY SUPPORT: Energy\*  
SECONDARY SUPPORT: Weight Management, Immune Health\*

Energy supplement in ready-to-mix powder packs\*

- Features an energy boost from a synergistic amino acid blend, yerba mate, green tea extract, and three forms of ginseng\*
- Contains 4Life Transfer Factor to support immune function\*

30 Powder Packets | LP

Item #30027563 | 34





You get  
out of *life*  
what you  
put into it.

# enummi® Personal Care The Beauty of Science

enummi products offer you a truly indulgent experience with top-quality body spa, shower, oral care, and personal hygiene formulas. Products include natural botanicals, antioxidants, and other ingredients to optimise your appearance.

## enummi® Toothpaste

A gentle, fluoride-free formula that cleanses teeth and freshens breath without harsh, abrasive agents\*

- Dissolves food film for a clean, bright smile
- Freshens breath
- Offers a refreshing mint flavour

4 fl oz Tube | LP

Item #30025050 | 5





\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

# 4Life Fundamentals<sup>®</sup> Healthy Beginnings Start Here\*

At 4Life, we've harnessed the purest and finest ingredients for our 4Life Fundamentals line — a supplementation portfolio designed to get you on the path to wellness.\*







### Life C® Chewable

**PRIMARY SUPPORT:** Antioxidant, Multivitamin & Mineral\*

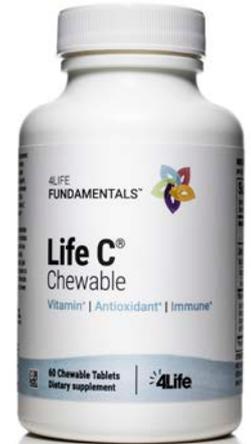
**SECONDARY SUPPORT:** Immune Health\*

Proprietary blend of vitamin C for enhanced absorption and antioxidant support\*

- Features seven active forms of natural vitamin C\*
- Uses varied forms to provide antioxidant protection\*
- Supports the healthy function of multiple body systems\*

60 Chewable Tablets | LP

Item #30028077 | 9





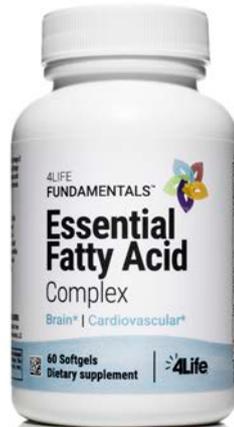
## Essential Fatty Acid Complex

**PRIMARY SUPPORT:** Brain Health, Heart Health\*

**SECONDARY SUPPORT:** Weight Management, Overall Wellness\*

Essential fatty acids for a healthy heart and brain, and healthy respiratory function\*

- Features omega-3 and omega-6 fatty acids from fish oil, borage seed oil, flaxseed oil, and safflower seed oil
- Promotes overall cardiovascular health and strong cell membranes\*
- Contains CLA (conjugated linoleic acid) for cardiovascular and circulatory health\*



60 Softgels | LP

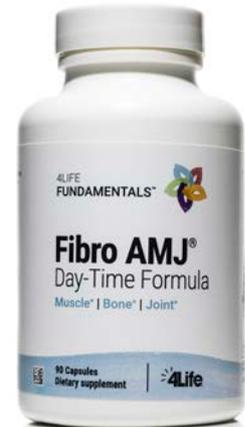
Item #30028095 | 16

## Fibro AMJ® Day-Time Formula

**PRIMARY SUPPORT:** Muscle, Bone, & Joint Health\*

Scientifically advanced support for structural and nervous system health\*

- Contains powerful metabolites—magnesium and vitamin B6—essential to energy production\*
- Includes glucosamine hydrochloride and methylsulfonylmethane (MSM) for joint support\*
- Includes Boswellia serrata for additional support\*



90 Capsules | LP

Item #30024501 | 19

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.





## 4Life Fortify®

Through our partnership with Feed the Children, you can provide great tasting meals for children currently experiencing poverty. One bag of 4Life Fortify provides 12–24 meals of rice, lentils, and beans, along with a complete nutritional complex of vitamins, minerals, and 4Life Transfer Factor Tri-Factor Formula to a hungry child\*

- Provides a protein-rich meal with the texture of a true meal, not simply porridge\*
- Provides proper nutrition for individuals of all ages\*
- Tastes great and can be enjoyed by different cultures around the world



12–24 Servings/Bag | LP

Item #30015005 | 15

4Life Fortify is for donation through Feed the Children. Not for personal use.

4Life Research offers an incentive to buy, donate, and promote 4Life Fortify meal packs. Commission is included in the price of the pack and allows Affiliates to invest their time and resources to encourage others to join the 4Life legacy of service. 4Life Fortify is created and supported by 4Life Research, a for-profit company that facilitates donations of purchased 4Life Fortify meal packs to nonprofit partners such as Feed the Children. Charity partners distribute 4Life Fortify to children in need without charge or fees.

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# 4Life Product Ingredient Index

## CORE 4LIFE TRANSFER FACTOR

**4Life Transfer Factor Classic:** UltraFactor from cow colostrum.

**4Life Transfer Factor Chewable Tri-Factor Formula:** 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor).

**4Life Transfer Factor Immune Spray—Mint:** Zinc, 4Life Transfer Factor Blend (UltraFactor and NanoFactor), and Proprietary Blend (colloidal silver, marshmallow, aloe, and lactoferrin).

**4Life Transfer Factor Plus Tri-Factor Formula:** Zinc, 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor), Proprietary Polysaccharide Complex (IP-6,  $\beta$ -Sitosterol, and other phytosterols), mycelium (*Cordyceps sinensis*) extract, baker's yeast extract, fruiting body (*Agaricus blazeii*) extract, aloe leaf gel extract, oat seed extract, olive leaf extract, maitake fruiting body extract, and shiitake fruiting body extract.

**4Life Transfer Factor Tri-Factor Formula:** 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor).

**4Life Transfer Factor Immune Boost:** Vitamin C (as ascorbic acid, ascorbyl palmitate, erythorbic acid, and ascorbigen), 4Life Transfer Factor Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor), sodium, calcium (as calcium carbonate), magnesium (as magnesium pyrophosphate), zinc (as zinc oxide), vitamin B6 (as pyridoxal-5-phosphate), riboflavin (as riboflavin-5-phosphate),

vitamin D (as cholecalciferol), vitamin K (as vitamin K2 menaquinone-7), sucrose, tangerine (flavor and color), citric acid, natural flavors, beta carotene (color), salt, sodium bicarbonate, monk fruit extract, stevia, and beet root (color).

## 4LIFETRANSFORM

**Renuvo:** 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor) and 4Life Adaptogenics Blend (Rhaponticum carthamoids root extract, Schisandra chinensis fruit extract, ALCAR, green tea leaf extract, ashwagandha root extract, turmeric rhizome extract, resveratrol, and black pepper fruit extract).

## TARGETED TRANSFER FACTOR

**4Life NanoFactor Glutamine Prime:** L-glutamine and Immune Energy Blend (l-arginine, n-acetyl-l-cysteine, alpha lipoic acid, l-alanyl-l-glutamine, and NanoFactor).

**4Life Transfer Factor Belle Vie:** 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor), Antioxidant Proprietary Blend (green tea leaf extract and grape seed extract), Phytoestrogen Proprietary Blend (flax seed extract, kudzu root extract, and red clover plant extract), and Cruciferous, Proprietary Blend (broccoli, cabbage, kale-containing indole-3-carbinol, diindolyl methane, ascorbigen, and calcium d-glucarate).

**4Life Transfer Factor Cardio:** Vitamin A, vitamin C, vitamin E, niacin, vitamin B6, folate, vitamin B12, magnesium, zinc, selenium, copper, potassium, OvoFactor, and Proprietary Blend (garlic bulb extract, hawthorn leaf/flower extract,

butcher's broom root extract, red rice yeast extract, Ginkgo biloba leaf extract, ginger root oil, resveratrol, and coenzyme Q10).

**4Life Transfer Factor Collagen:** Vitamin A (as vitamin A acetate), vitamin C (as ascorbic acid), vitamin E (as d-alpha-tocopherol acetate), biotin, 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor), Age-Defying Collagen Complex [hydrolyzed fish collagen (source of type I collagen), chicken bone broth collagen (source of type I, II, and III collagen), and egg shell membrane collagen (source of type I, V, and X collagen)], Age-Defying Plant Complex [wheat (*Triticum aestivum*) seed extract and astaxanthin microalgae extract (*Haematococcus pluvialis*)], cane sugar, natural flavor, maltodextrin, malic acid, citric acid, salt, reb A, and sodium acetate.

**4Life Transfer Factor Glucoach:** Chromium, 4Life Transfer Factor Blend (UltraFactor and OvoFactor), vanadium, alpha lipoic acid, and Proprietary Blend (Pterocarpus marsupium heart wood extract, gymema leaf extract, fenugreek seed extract, Momordica charantia fruit extract, and Korean ginseng root extract).

**4Life Transfer Factor MalePro:** Zinc, selenium, 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor), saw palmetto fruit extract, lycopene, and Proprietary Blend (nettle root extract, kudzu root extract, soy bean extract, broccoli whole plant extract, and calcium d-glucarate).

**4Life Transfer Factor ReCall:** Magnesium, 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor), and Proprietary Blend [soy seed extracts, lemon balm herb extract, aerial parts (*Bacopa monnieri*) extract, n-acetyl-l-tyrosine, n-acetyl-l-cys

teine, Ginkgo biloba leaf extract, and Huperzia serrata herb extract).

**4Life Transfer Factor Lung:** Vitamin A (as beta carotene), vitamin C, vitamin E (as d-alpha-tocopherol), 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor), and Lung Detox Blend [thyme (*Thymus vulgaris*) leaf/flower extract, Korean ginseng (*Panax ginseng*) root extract, broccoli (*Brassica oleracea*) seed extract, n-acetyl-L-cysteine, black cumin (*Nigella sativa*) seed extract, citrus (*Citrus* spp.) fruit/peel extract, bilberry (*Vaccinium myrtillus*) fruit extract, and mustard (*Brassica hirta*) seed extract].

## DIGEST4LIFE

**Digestive Enzymes:** Proprietary Enzyme Blend (amylase, protease 4.5, glucosamylase, acid maltase, alpha-galactosidase, pectinase, cellulase, peptidase, protease 3.0, bromelain, lipase, invertase, hem cellulase, beta-glucanase, xylanase, and papain).

**Pre/O Biotics:** 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor), Probiotics [Bi idobacterium longum (BB536), Bi idobacterium lactis (BI-04), Bi idobacterium infantis (M-63), Lactobacillus rhamnosus (Lr-32), and Lactobacillus acidophilus (NCFM)], and Prebiotic Blend [Galactooligosaccharides (GOS), Xylooligosaccharides (XOS), and Fructooligosaccharide (FOS)].

**Tea4Life:** Proprietary Blend (senna leaf, stevia leaf, cinnamon bark, buckthorn bark, ginger root, orange peel, green tea leaf, echinacea aerial parts, rooibos branch and leaf, astragalus root, and bitter orange fruit).

## ENERGY

**Energy Go Stix—Berry:** 4Life Transfer Factor Blend (UltraFactor and OvoFactor), Amino Acid Blend (l-glutamine, l-arginine, taurine, creatine, l-carnitine, l-omithine, and alpha-ketoglutarate), Proprietary Blend (eleuthero root extract, Korean ginseng plant extract, and American ginseng root extract), and Herbal Energy Blend (green tea leaf extract, yerba mate leaf extract, guarana root extract, maca root extract, and Rhodiola rosea root extract).

## 4LIFE FUNDAMENTALS

**Essential Fatty Acid Complex:** Fish Oil Blend (with 500 mg EPA and DHA) and Plant Oil Blend [flax seed oil (alpha linolenic acid), borage seed oil (gamma linolenic acid), and safflower seed oil (conjugated linoleic acid)].

**Fibro AMJ Day-Time Formula:** Vitamin B6, magnesium, Proprietary Joint Blend (glucosamine hydrochloride, methylsulfonylmethane, bovine cartilage powder, Boswellia serrata tree resin extract, bromelian, and devil's claw root extract), and Antioxidant Blend (malic acid, n-acetyl-L-cysteine, l-cysteine, grape seed extract, and alpha lipoic acid).

**Life C Chewable:** Vitamin C (as calcium ascorbate, ascorbic acid, dehydroascorbic acid, erythorbic acid, magnesium ascorbate, ascorbyl palmitate, and ascorbigen).

## RIOVIDA PRODUCTS

**4Life Transfer Factor RioVida Tri-Factor Formula:** Vitamin C, 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor), and RioVida Juice Blend (apple, purple grape, blueberry, açai, pomegranate, and elderberry juices from concentrate).

**4Life Transfer Factor RioVida Burst Tri-Factor Formula:** 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor) and RioVida Juice Blend (apple, purple grape, blueberry, açai, pomegranate, and elderberry juices from concentrate).

**4Life Transfer Factor RioVida Stix Tri-Factor Formula:** 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor) and RioVida Proprietary Blend (açai, blueberry, elderberry fruit powder, grape seed extract, and pomegranate hull extract).

## RITESTART PRODUCTS

**RiteStart:** Vitamin C, vitamin D, vitamin E, vitamin K2, thiamin, riboflavin, niacin, vitamin B6, vitamin B12, biotin, pantothenic acid, calcium, iron, iodine, magnesium, zinc, selenium, copper, manganese, chromium, molybdenum, boron, molybdenum, boron, vanadium, 4Life Transfer Factor Plus Tri-Factor Formula, Essential Fatty Acid Complex, Proprietary OPC Blend (grapeseed extract and pinebark extract), Proprietary Antioxidant Blend (rutin, marigold petals extract, green tea leaf extract, alpha lipoic acid, coenzyme Q10, and bilberry fruit extract), and Proprietary Support Blend (glucosamine hydrochloride, calcium d-glucarate, n-acetyl-L-cysteine, hydrolyzed collagen powder, and Ginkgo biloba leaf extract).

**RiteStart Men also includes:** Men's Health Blend (turmeric root extract, broccoli sprout extract, tomato fruit extract, soya bean seed extract, and diindolylmethane).

**RiteStart Women also includes:** Women's Health Blend (ipriflavone, turmeric, soya bean seed extract, broccoli sprout extract, and diindolylmethane).

**4Life Transfer Factor RioVida Burst Tri-Factor Formula:** 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor) and RioVida Juice Blend (apple, purple grape, blueberry, açai, pomegranate, and elderberry juices from concentrate).

**NutraStart Blue Vanilla:** Calcium (as dicalcium phosphate), sodium, magnesium (as magnesium oxide), potassium, 4Life Transfer Factor Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor), vitamin C (as ascorbic acid), protein, iron (as ferric citrate), niacin (as niacinamide), vitamin E (as d-alpha-tocopheryl acetate), zinc (zinc oxide), pantothenic acid (as d-calcium pantothenate), vitamin B6 (as pyridoxine HCL), riboflavin, thiamin (as thiamine mononitrate), copper (as copper gluconate), vitamin A (as vitamin A palmitate), folate (as 82 mcg folic acid), iodine (as potassium iodide), biotin, vitamin D (as cholecalciferol), vitamin B12 (as cyanocobalamin), whey protein concentrate, sunflower oil powder (sunflower oil, maltodextrin, sodium caseinate, mono- and diglycerides, tocopherols, and tricalcium phosphate), modified food starch, soluble corn fiber, organic cane sugar, natural flavors, honey powder, apple fiber, hydrolyzed guar gum, oat fiber, xanthan gum, chia seed protein, sea salt, wheatgrass (*Triticum aestivum*) young leaves, blue spirulina, stevia, immune peptides from whey, and hibiscus extract.



A photograph of a couple lying on their stomachs in a grassy field. The man is on the right, wearing a dark t-shirt and a watch, with his hands behind his head. The woman is on the left, wearing a red plaid shirt. In the background, there are rolling hills and a sunset sky. The text 'Your journey to a more well-rounded life begins today.' is overlaid on the image.

Your journey to a  
more well-rounded  
*life* begins today.



For more information about 4Life products and the business opportunity, contact:

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